

Full Day Putting School (8 hours)

Saturday July 28, 2007

Costs: \$675 with your putter. **If you choose a new putter please add** the putter cost (\$108 to \$269) to the tuition, depending on the putter you choose**

School Schedule

7:45 AM *Check In*

8:00 AM *Putting School Begins*

Personal Biomechanics Assessment:

- a. *Squaring your core via a 3 minute exercise*
- b. *Your personal angle of body symmetry*
- c. *Mapping your stance widths for balance*

Pre Video *of routine and stroke*

Putter Fitting: *Length, Lie Angle and Grip Size measured to fit your personal biomechanics with your putter or a new putter of your choice*

Green Reading

Speed Drills, Breathing, Grip Pressure and Visualization

The biomechanics of Balance & Body Symmetry

Hip line and path

Shoulder line and path

Balance and path

Stance Width Balance and Path

Angles of Symmetry and Path

Foot Flare and Path

Grip and Path

Address Position

12:00 PM

Lunch

Your Putter or New Putter *(Returned post fitting: length, grip size and lie angle adjustments)*

Setting your Ideal Stance Width for Body Symmetry and Path

How to Grip the Putter for the Best Stroke

How to Set Your Body *for Balance and Symmetry Behind the Ball to See Accurate Lines for Green Reading and Alignment*

Seeing Lines in Balance

The Perception of Lines and Path

“Seeing the Line” EVERY TIME

Practice Setting the Line on the Ball at a Precise Target
(your choice to use the line or not)

How to Aim the Clubface Accurately at a Toothpick at 4 Feet

How to Align to Your Target Line

Plumb Bobbing: A Mental Strategy

An integration of a Comprehensive Mental and Physical Routine

Post Video of Your New Routine, Set Up and Stroke

Drills to Practice Like the Pros

Fitting on a Set up Template (vinyl mat) for Office and Home Practice. *This template will be fit to your body and putter and will identify the exact placement of your ball position, stance width and distance from the ball with precise aim down your target line. Practice five minutes a day over a few days and you will have a new set up and routine to take yourself to lower scores.*

5:00 PM

Summary of School and Comprehensive handout with digital photos for your reference to the content covered in this School

**** The Following are Ranges of Putter Prices.** You may choose a fitting of your present putter (length, lie angle and grip size.) That fitting is included in the school tuition: \$675

If you choose a new putter, the following are the price ranges. The cost of the putter you choose is added to the \$675 school tuition.

Odyssey Putter Price range: \$108 to \$233

Taylor-Made Rossa Price Range: \$108 to \$179

Scotty Cameron Price Range: \$224 to \$269

Never Compromise Price Range: \$179 to \$206

Mizuno Bettinardi Price Range: \$162 to \$207